

The Six Principles of Nurture

- ◇ 1 Children's learning is understood developmentally
- ◇ 2 The classroom offers a safe base
- ◇ 3 Nurture is important for the development of self esteem
- ◇ 4 Language is understood as a vital means of communication
- ◇ 5 All behaviour is communication
- ◇ 6 Transitions are significant in the lives of children



We have explored:-

- The brain
- Our emotions and how they link to our learning
- Building relationships
- Being positive about ourselves and others
- Social situations



We have played games, decorated biscuits, made positivity stones, had appropriate conversations and learned relaxation techniques. We have talked about our “stress buckets” and what ‘pushes our buttons’ and how we can help ourselves. Above all we have built positive relationships with each other.



Comments about Nurture

“We learned about the brain and our feelings”

“I liked learning the breathing exercises”

“I have learned to talk about my feelings”

“It helped get my anger down”

“I have learned how to speak out to people”

“I can now label my feelings”

“It has been fun”



Staff

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