



The Planet
Abbotseat Road
Kelso
TD5 7SL

Leadership Challenge Day Thursday 11th August Cheviot Hills

Calling all **Sports Leaders**

We want you to start back at your Kelso High School Sports Leadership course with a bang. So Cheviot Youth have designed and planned in partnership with Glasgow's Metro Outdoors a great Sports Leadership Day on Thursday 11th August.

Using Yetholm Youth Hall as your base camp you will with your team face a number of challenges throughout the day that test, excite and demand total 100% focus. By the end of this day you will know your team members, be able to communicate accurately and clearly, share ideas and understand how to resolve conflict quickly and constructively to better accept and support each other and your team.

You will start this day with bacon butties/a vegetarian option and a drink at 0845 am while you are briefed by your instructors and issued kit. You will then board your transport which will take you to your stage one. Should you accept this challenge you will need to pay a small fee of **£5**, fill in the booking form attached and hand it in to the **P.E.Base** and then after 28th June send/hand it in to the Planet by **2400 hours Monday 3rd July**.

Neil Innes, Active Schools Coordinator says of this day; **“This will be a really enjoyable day where you will gain some valuable skills to take into your sports leaders’ course over the next year at KHS”**

Places are limited so please book now on the booking form at the bottom of this weekly news sheet. We look forward to receiving your booking. Need any further information then please ring/text Ian Rendall Reid on 07958 277766.



Cheviot Youth is a charity registered in Scotland.
Registered Address: The Planet, Abbotseat Road, Kelso TD5 7SL
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